

West Midlands South Foundation School

Individual Placement Description – Wye Valley NHS Trust, Hereford County Hospital

Placement	FY1 General Psychiatry
The department	<p>The Herefordshire Psychiatric Services are operated through 2gether NHS Trust.</p> <p>The Stonebow Unit is adjacent to the Hereford County Hospital and consists of: Mortimer Ward a 21 bed acute ward for working age adults, aged 18-65 years, Jenny Lind Ward: an 8 bed ward for older adults with functional mental health problems, Cantilupe Ward; a 10 bed ward for older people with organic illness. In addition there is a day care service which provides short intensive therapies and activities to help prevent admission and help facilitate early discharge from wards.</p>
The type of work to expect and learning opportunities	<p>Based in the Stonebow Unit, there will be opportunities to shadow and observe the consultant and other senior staff and gain experience of diagnosis and management of patients with severe mental illness and its effect on their social situation.</p> <p>This setting allows the trainee to:</p> <ul style="list-style-type: none"> • Take a psychiatric history and a mental state examination • Undertake clinical assessment and review patients with long term mental illness, including relevant investigations • Communicate effectively with patients, carers and colleagues • Communicate with patients in difficult circumstances • Learn to work effectively in a multi-disciplinary team • Keep accurate and relevant medical records • Manage acute mental symptoms and self-harm inpatients with chronic mental disorders • Plan discharges back to primary care with the team and consultant • Assess risk and prioritise safe clinical practice • Liaise with GP and other specialities as necessary • Cope with ethical and legal issues which may occur during the management of psychiatric patients • You will be expected to attend weekly mandatory bleep free FY1 teaching
Where the placement is based	Stonebow Unit, Hereford. [2gether NHS Trust]
Supervisor(s) for the placement	Dr Madhavan Seshadri, Clinical Tutor/Consultant Psychiatrist

Main duties of the placement	The FY1 doctor is responsible with other staff for the care of patients with mental illness, there is an opportunity to attend outpatient clinics and home visits with experienced members of the multi-disciplinary team. The doctors will be responsible for specific clinical duties as allocated by consultants. You will be required to attend weekly mandatory bleep free FY1 teaching.
Typical working pattern in this placement	The post will involve no on-calls for psychiatry but will involve weekend day time on-calls for the department of surgery (following an adequate induction). This will allow the F1 to gain experience in acute surgical admissions and give the opportunity to undertake a wide range of practical procedures.
Employer information	<p>The employer for this placement is Wye Valley NHS Trust, Hereford County Hospital.</p> <p>Wye Valley NHS Trust is a provider of health care across rural Herefordshire bringing together acute and community services.</p> <p>The Trust runs the County Hospital based in the City of Hereford, along with 3 community hospitals in the small nearby towns of Ross-on-Wye, Leominster and Bromyard, we also operate a small 22 bedded unit for patients that are not acutely ill but may need nursing and therapy intervention following their acute illness.</p> <p>We deliver a standard of care we would want for ourselves, our families and friends.</p> <p>The key principles of Wye Valley NHS Trust are to provide the right care in the right place at the right time... every time.</p> <p>Our vision is to improve the health and wellbeing of the people we serve and our values are important in our everyday work: Compassion, Accountability, Respect, Excellence.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.